

# THE “MOM, MEET YOU AGAIN” LIST

NAME: \_\_\_\_\_

<input type="checkbox"/> Take a pottery class	Take a break from social media
<input type="checkbox"/> Walk in the park	Purchase a new perfume oil/scent
<input type="checkbox"/> Get your hair done	Prayer/Read the Bible
<input type="checkbox"/> Join a mom group	Go to a womens conference
<input type="checkbox"/> Refresh your wardrobe	Take a warm bath
<input type="checkbox"/> Set up a coffee date w/ friend	Buy some accessories
<input type="checkbox"/> Take a dance class	Reconnect with a friend
<input type="checkbox"/> Go skating	Giveback (Volunteer)
<input type="checkbox"/> Try a new restaurant	Write down three dreams
<input type="checkbox"/> Manicure/Pedicure	Get a massage
<input type="checkbox"/> Book a Zumba class	Solo Weekend Vacation
<input type="checkbox"/> Mom's weekend getaway	Go window shopping
<input type="checkbox"/> Try a painting class	Theme park (Adults only)
<input type="checkbox"/> Go to the movies	Change your environment
<input type="checkbox"/> Take a nap/rest	Go to a concert
<input type="checkbox"/> Listen to a podcast	Go to the Flea Market
<input type="checkbox"/> Read a book	Binge-watch a show w/ favorite snacks
<input type="checkbox"/> Enroll in an online course to grow a skill or passion.	Host a ladies night
<input type="checkbox"/> Book a facial	Solo-brunch date
<input type="checkbox"/> Buy a new journal	Say “No” more often