



THE “MOM, MEET YOU AGAIN” LIST

NAME:

- ☐ Take a pottery class
- ☐ Walk in the park
- ☐ Get your hair done
- ☐ Join a mom group
- ☐ Refresh your wardrobe
- ☐ Set up a coffee date w/ friend
- ☐ Take a dance class
- ☐ Go skating
- ☐ Try a new restaurant
- ☐ Manicure/Pedicure
- ☐ Book a Zumba class
- ☐ Mom’s weekend getaway
- ☐ Try a painting class
- ☐ Go to the movies
- ☐ Take a nap/rest
- ☐ Listen to a podcast
- ☐ Read a book
- ☐ Enroll in an online course to grow a skill or passion.
- ☐ Book a facial
- ☐ Buy a new journal

- Take a break from social media
- Purchase a new perfume oil/scent
- Prayer/Read the Bible
- Go to a womens conference
- Take a warm bath
- Buy some accessories
- Reconnect with a friend
- Giveback (Volunteer)
- Write down three dreams
- Get a massage
- Solo Weekend Vacation
- Go window shopping
- Theme park (Adults only)
- Change your environment
- Go to a concert
- Go to the Flea Market
- Binge-watch a show w/ favorite snacks
- Host a ladies night
- Solo-brunch date
- Say “No” more often